

 **RIVERWEST**
yogashala 
ANNUAL MEMBERSHIP

Our Mission

Riverwest Yogashala, a nonprofit yoga center, brings yoga to a diverse population, promoting strength, clarity, and overall well-being through the practice of Iyengar yoga.

What Makes Us Unique?

In addition to weekly classes for all levels, we provide free classes each month, scholarships for low-income students, classes for underserved populations, study groups, open practice sessions, and more. As the only nonprofit Iyengar yoga center in our region, we provide the best possible instruction from rigorously trained, certified teachers, while keeping our fees affordable to a wide population.

Why Become a Member?

- All levels receive a custom-designed member t-shirt. Higher levels of membership support our outreach and continuing education programs—see below for details.
- Save \$20 when you register for a class series.
- Enjoy a reduced drop-in rate of \$12 (\$15 for non-members).
- Borrow books from our comprehensive lending library.
- Come and use the studio for practice whenever classes are not in session.
- Come to our annual member reception with food beautifully prepared by RY staff and board.

In addition to these benefits, your membership will provide support for us as we continue our programs and grow as a yoga school. When you become a member, you will promote strength, flexibility, emotional stability, mental clarity, and spiritual well-being through the practice of Iyengar yoga to people in your community. As BKS Iyengar points out, “Yoga is firstly for individual growth, but through individual growth, society and community develop.”

Annual Membership Levels
(January 1-December 31)

\$15 Sadhaka (Practitioner): Full-time Student
\$40 Maitri (Friendship): Supports one teen in our Sixteenth Street Community Health Center yoga class.

\$100 Namaskar (Seed of the Divine): Supports one child in our free Summer Yoga program.
\$200 Ananda (Bliss): Supports childcare provided to mothers in one series of Prenatal Yoga.

October Member Drive Fundraiser

\$150 Namaskar Membership Package: Namaskar Membership Plus Banquet Ticket and Calendar
Purchase a Namaskar Membership Package in the month of October and receive a ticket to our Annual Banquet, where you can pick up your member t-shirt and the famous Riverwest Yogashala calendar! Our very special Annual Banquet celebrates our community with a yoga class, film, and catered dinner.

BKS Iyengar reminds us that only good students make good teachers. To that end, **funds generated by the October Namaskar Membership Package will support continuing education for our teachers.**

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RIVERWEST YOGASHALA MEMBERSHIP FORM

Name _____ Date _____

Address _____

Phone _____ Email _____

\$15 Sadhaka \$40 Maitri \$100 Namaskar \$200 Ananda \$150 October Membership Package

Please write checks payable to **Riverwest Yogashala** and mail to Riverwest Yogashala, 731 E. Locust St., Milwaukee, WI, 53212, or place in deposit box at Yogashala.